A hollow glass microsphere having an average particle size of at most 15 µm based on volume, a maximum particle size of at most 30 µm and an average particle density of from 0.1 to 1.5 g/cm³, which has a glass composition consisting essentially of the following components by mass%:

	$SiO_2$	50.0-90.0%,
	$Al_2O_3$	10.0-50.0%,
10	$B_2O_3$	0-12.0%,
	$Na_2O+K_2O+Li_2O$	0-1.0%,
	CaO	0-10.0%,
	MgO	0-10.0%,
	BaO+SrO	0-30.0%.

COBETAGE DESTI